Great Falls Help & Resources

Front and back of one page, for anyone who needs a meal, a bed, or a hand.

Great Falls, Montana
Verified November 2026

NEED HELP RIGHT NOW? THESE LINES ARE 24/7

911 — Police, fire, or medical emergency
211 — Food, shelter, and other help (or **406-268-1337**)
988 — Suicide & crisis (Veterans: dial 988, then press 1)
Voices of Hope: **406-453-4357** (free & confidential)
Shelter tonight: Men **406-761-0095** • Women **406-452-1483** • Families / Cameron Center **406-761-2145**
After 10 PM, call the Men's Shelter at **406-761-0095**.

FOOD TODAY

Great Falls Rescue Mission WALK IN
Free lunch at 12:15 PM and dinner at 6:15 PM every day, open to the public. Call to confirm times. Men, 326 2nd Ave S, **406-761-0095**. Women, 317 2nd Ave S, **406-452-1483**. Families, 408 2nd Ave S, **406-761-2145**.

Angel Room (St. Vincent de Paul) WALK IN
Breakfast, lunch, and to-go meals — plus showers and clothes (see below). 500 Central Ave W, **406-315-3400**. Daily 8 AM–2 PM (winter hours).

Salvation Army Hope Market WALK IN
Client-choice grocery pantry. 527 9th Ave S, **406-761-5660**. Mon–Fri 10 AM–12 PM and 1–3 PM. (Corps office: 1000 17th Ave S, **406-453-0391**.)

St. Vincent de Paul Food Pantry CALL TO CONFIRM
Free groceries. 426 Central Ave W, **406-761-0870**. Mon, Wed, Fri 9–11:30 AM and 1–3:30 PM. Call to ask if a voucher is needed.

Grocery box through Opportunities, Inc. VOUCHER NEEDED
The Community Food Bank at 1620 12th Ave N does **not** hand food directly to people. First go to Opportunities, Inc., 905 1st Ave N, **406-761-0310**, Mon–Fri 8 AM–5 PM, for a voucher. Then take it to the pantry they assign. FISH pantry (in the Food Bank building), **406-452-3474**, Mon–Fri 9–11 AM, needs that referral slip.

Saturday meals & food WALK IN
Vineyard Great Falls, food assistance Sat 9–11 AM, 1617 6th Ave N, **406-452-8448**. Set Free Montana, free dinner Sat 5:30 PM (church at 6:30), 216 9th St N, **406-453-4479**.

SHELTER TONIGHT

Great Falls Rescue Mission shelters CALL OR GO
Men's Shelter, 326 2nd Ave S, **406-761-0095** (24/7). Women's Shelter, 317 2nd Ave S, **406-452-1483** (24/7). Cameron Family Center (families), 408 2nd Ave S, **406-761-2145**. After 10 PM, call the Men's Shelter. When it feels like 32° or below, you can stay overnight 10 PM–7 AM, regardless of circumstances.

Family Promise of Great Falls CALL FIRST
Temporary housing for families with children under 18. 1019 Central Ave, **406-564-5267**. Office Mon–Thu 9 AM–3 PM. Call or complete their intake — not a same-day walk-in shelter.

SHOWERS, LAUNDRY & CLOTHES

Angel Room WALK IN
Daily showers, laundry, clothing, bedding, blankets, and meals. 500 Central Ave W, **406-315-3400**. Daily 8 AM–2 PM (winter hours).

Emilie Center VOUCHER NEEDED
Free clothing, furniture, baby items, and household goods. 1920 10th Ave S, **406-771-6695**. Tue–Thu 9 AM–3 PM. Get a voucher from a partner agency such as Opportunities, Inc., Salvation Army, the Rescue Mission, a hospital, school, or church.

VETERANS

Grace Home Veterans Center CALL FIRST
Transitional housing for male veterans who are homeless. 2211 5th Ave N, **406-952-0699**. Call — not a walk-in overnight shelter. Hours: call to confirm. Veterans in crisis: dial **988**, then press 1.

FAMILIES

Toby's House Crisis Nursery CALL FIRST
Free crisis childcare, ages 0–6. No income limit. 421 5th St N, **406-770-3191**. Mon–Fri 8 AM–11:30 PM (or until the last child leaves); Sat 8 AM–3:30 PM. Call first — space is limited.

Echoz APPOINTMENT
Free, confidential pregnancy support and baby supplies. 1323 9th Ave S. Call or text **406-727-1850**. Mon–Thu 10 AM–5 PM, Fri 11 AM–4 PM. Bring a photo ID. For family shelter, see Family Promise under Shelter tonight.

HOUSING

Great Falls Housing Authority APPLY AT OFFICE
Public housing and Section 8 applications. 1500 Chowen Springs Loop, **406-453-4311**. Mon–Thu 8:30 AM–4:30 PM, Fri 8:30 AM–1:30 PM. Pick up or turn in an application during office hours. Not same-day housing.

Opportunities, Inc. CALL OR VISIT
Housing help, Housing Choice Vouchers, and food vouchers (see Food today). 905 1st Ave N, **406-761-0310**. Mon–Fri 8 AM–5 PM.

BENEFITS

Office of Public Assistance (DPHHS) CALL OR VISIT
SNAP (food stamps), TANF (cash aid), Medicaid, and energy assistance. 201 First St S, Suite 1. Helpline **1-888-706-1535**. Mon–Fri 8 AM–5 PM. This office takes applications — it is not a food pantry.

MENTAL HEALTH & CRISIS

Many Rivers Whole Health WALK-INS WELCOME
Counseling and mental health care (formerly Center for Mental Health). 915 1st Ave S, **406-761-2100**. Walk-in care Mon–Fri 8 AM–5 PM; arrive early, space is limited. After hours, this phone goes to Voices of Hope. No one is turned away for inability to pay. Crisis anytime: **988**, Voices of Hope **406-453-4357**, or text **MT** to **741741**.

JOBS

Job Service Montana WALK-INS WELCOME
Job search, resumes, unemployment help, and training. 1018 7th St S, **406-791-5800**. Mon–Fri 8 AM–5 PM. Walk-ins and appointments welcome.

CHURCH — YOU ARE WELCOME. COME AS YOU ARE.

Set Free Montana
216 9th St N, **406-453-4479**. Sat dinner 5:30 PM, service 6:30 PM. Call about a ride.

Victory Church
3001 13th St S, **406-452-6451**. Sun 8:30, 10:00, and 11:30 AM. Call about a ride.

Solid Rock Bible Church
751 4th Ave NW, **406-453-0895**. Sun 10 AM. Call about a ride.

Vineyard Great Falls
1617 6th Ave N, **406-452-8448**. Sun 10 AM (in person and online). No regular rides; call if you need help getting there.

New City Church
205 River Dr S, **406-727-4849**. Sun 8:30, 10:30, and 12:30 PM. Call about a ride.

You are not forgotten.

Checked November 2026. Please call ahead when you can — hours and rules can change.