Great Falls Household Help

Front and back of one page, for families who have a home but are stretched to make ends meet.

Great Falls, Montana
Verified November 2026

NEED HELP RIGHT NOW? THESE LINES ARE 24/7

211 or **406-268-1337** — Food, rent, and utility help
Voices of Hope: **406-453-4357** (free & confidential)
988 — Suicide & crisis (Veterans: dial 988, then press 1)
Crisis text: text **MT** to **741741** • **911** for an emergency
If you are about to lose your housing, see **Rent & eviction help** below, or call **211**.

FOOD

Grocery box through Opportunities, Inc. VOUCHER NEEDED
The Community Food Bank at 1620 12th Ave N does **not** hand food directly to people. First go to Opportunities, Inc., 905 1st Ave N, **406-761-0310**, Mon–Fri 8 AM–5 PM, for a voucher. Then take it to the pantry they assign. FISH pantry (in the Food Bank building), **406-452-3474**, Mon–Fri 9–11 AM, needs that referral slip.

Salvation Army Hope Market WALK IN
Client-choice grocery pantry. 527 9th Ave S, **406-761-5660**. Mon–Fri 10 AM–12 PM and 1–3 PM.

St. Vincent de Paul Food Pantry CALL TO CONFIRM
Free groceries. 426 Central Ave W, **406-761-0870**. Mon, Wed, Fri 9–11:30 AM and 1–3:30 PM. Call to ask if a voucher is needed.

Community meals & Saturday food WALK IN
Rescue Mission: free lunch at 12:15 PM and dinner at 6:15 PM every day, open to the public. Call to confirm times (**406-761-2145** or **406-761-0095**). Vineyard Great Falls, food assistance Sat 9–11 AM, 1617 6th Ave N, **406-452-8448**. Set Free Montana, free dinner Sat 5:30 PM, 216 9th St N, **406-453-4479**.

SNAP (food stamps) CALL OR VISIT
Office of Public Assistance, 201 First St S, Suite 1. Helpline **1-888-706-1535**. Mon–Fri 8 AM–5 PM. Or apply at apply.mt.gov.

WIC APPOINTMENT
Food help for pregnant women, new moms, and children under 5. Cascade County WIC, 115 4th St S, **406-454-6953**. Mon–Fri 8 AM–12 PM and 1–5 PM. Call to schedule. Bring a photo ID, proof of address, proof of income, and a Medicaid card if you have one.

School meals APPLY AT SCHOOL
Free or reduced-price breakfast and lunch. Pick up an application at any Great Falls Public Schools office, or call the Nutrition Program at **406-268-6047**. One application covers all the children in your family.

UTILITIES & HEAT

LIHEAP & weatherization, through Opportunities, Inc. APPLY
LIHEAP helps pay winter heating bills (Oct 1–April 30) for renters and homeowners. Weatherization help is available year-round on the same application. Emergency Energy Share help is also through this office. 905 1st Ave N, **406-761-0310** or **1-800-326-0955**, Mon–Fri 8 AM–5 PM. Or apply at apply.mt.gov.

NorthWestern Energy CALL FIRST
Ask about payment arrangements or an extended due date *before* your bill is due. **888-467-2669**, Mon–Fri 7 AM–6 PM. If you are approved for LIHEAP, you may also get a NorthWestern bill discount.

Lifeline (phone or internet discount) ASK YOUR PROVIDER
A federal monthly discount on phone or internet. You may qualify if you get SNAP, Medicaid, SSI, or housing help. Ask your phone or internet company, or go to lifelinesupport.org. Montana consumer help: **800-646-6150**.

RENT & EVICTION HELP

NeighborWorks Great Falls — Stay in Your Home APPOINTMENT
Eviction-prevention support if you are struggling to pay rent. 509 1st Ave S, **406-761-5861**. Mon–Thu 8 AM–5 PM, Fri 8 AM–12 PM.

Salvation Army Family Services CALL OR VISIT
Rental, mortgage, and utility assistance. 527 9th Ave S, **406-761-5660**. Mon–Fri 10 AM–12 PM and 1–3 PM.

Family Promise of Great Falls CALL FIRST
For families with children under 18 who are at risk of losing housing. 1019 Central Ave, **406-564-5267**. Mon–Thu 9 AM–3 PM. Call or complete their intake.

Great Falls Housing Authority APPLY AT OFFICE
Public housing and Section 8 applications — not emergency rent money. 1500 Chowen Springs Loop, **406-453-4311**. Mon–Thu 8:30 AM–4:30 PM, Fri 8:30 AM–1:30 PM.

Montana Legal Services Association CALL OR APPLY ONLINE
Free civil legal help, including evictions, for eligible people. Helpline **1-800-666-6899**, Tue–Thu 9 AM–1 PM, or apply at mtlsa.org. For eviction guidance, text **START** to **406-324-7880**.

HEALTH

Medicaid & Healthy Montana Kids CALL OR VISIT
Health coverage for adults and children. Office of Public Assistance, 201 First St S, Suite 1, **1-888-706-1535**. Mon–Fri 8 AM–5 PM. Or apply at apply.mt.gov.

Alluvion Health WALK-INS WELCOME
Sliding-fee medical, dental, behavioral health, and pharmacy. 601 1st Ave N. Medical **406-454-6973**; dental **406-791-9267**. Medical hours Mon–Fri 7 AM–6 PM, Sat 8 AM–5 PM. Walk-ins welcome; call ahead if you can. Bring proof of income for the sliding fee. Dental is by appointment (emergency walk-ins first come, first served). No one turned away for inability to pay.

KIDS & FAMILY

Best Beginnings Child Care Scholarship APPLY ONLINE
Help paying for licensed child care. Apply through the state's MAQCS Parent Portal. For help, call Family Connections, 410 Central Ave, Suite 402, **406-761-6010** or **800-696-4503**. Mon–Fri 8 AM–5 PM.

Head Start & Early Head Start CALL OR APPLY
Free early learning for qualifying families, ages birth to 5. Opportunities, Inc., 1220 3rd Ave S, **406-453-5415**. Applications accepted year-round.

Toby's House Crisis Nursery CALL FIRST
Free crisis childcare, ages 0–6. 421 5th St N, **406-770-3191**. Mon–Fri 8 AM–11:30 PM; Sat 8 AM–3:30 PM. Call first — space is limited.

Echoz APPOINTMENT
Free, confidential pregnancy support and baby supplies. 1323 9th Ave S. Call or text **406-727-1850**. Mon–Thu 10 AM–5 PM, Fri 11 AM–4 PM.

MONEY & JOBS

Job Service Montana WALK-INS WELCOME
Job search, resumes, unemployment help, and training. 1018 7th St S, **406-791-5800**. Mon–Fri 8 AM–5 PM.

Rural Dynamics (RDI) CALL OR SIGN UP
Free one-on-one financial counseling. 2 5th St N, Suite 201, **406-403-8162**. They also offer free IRS-certified tax prep (VITA) during tax season, usually January–April. Call to ask when the next clinic opens.

CLOTHING & HOUSEHOLD

Emilie Center VOUCHER NEEDED
Free clothing, furniture, baby items, and household goods. 1920 10th Ave S, **406-771-6695**. Tue–Thu 9 AM–3 PM. Get a voucher from a partner agency such as Opportunities, Inc., Salvation Army, a hospital, school, or church.

You are not forgotten.

Checked November 2026. Please call ahead when you can — hours and rules can change.